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PROFESSIONAL CREDENTIALS:

Clinical Nurse Specialist - Adult Psychiatric Nursing (ANCC CS Cert # 0132552-01)
Clinical Nurse Specialist - Adult Psychiatric Nursing (CA CNS Cert 3586)
Psychiatric Nurse Practitioner (CA Cert # NP10604)
Registered Nurse (CA Lic # 535612)
California Certified Psychiatric & Mental Health Nurse (PMH # 544)
National Provider Identifier (NPI #1770722639)

ADDITIONAL TRAINING/CERTIFICATION:

Certified Dementia Capable Care Instructor, Crisis Prevention Institute (2014-on)
STAR-VA Nurse Champion and Mental Health Provider (2013-on)
VA Bright Spots Program Trainer (2017-on)
Academy of Cognitive Therapy Certified Cognitive-Behavior Therapist, Trainer, Consultant, Founding Fellow (# 319)
Instructor: Preventing Loss of Independence through Exercise Program, Principal Investigator: Deborah Barnes, PhD

PROFESSIONAL EXPERIENCE:

- 2016-on Psychiatric & Mental Health Clinical Nurse Specialist & Mental Health Program Coordinator
San Francisco Veterans Affairs Health Care System, Geriatrics, Extended & Palliative Care Service
Community Living Center, San Francisco, CA

- 2013-2016 Acting Chief Nurse for Geriatrics, Extended & Palliative Care Service
San Francisco Veterans Affairs Health Care System, San Francisco, CA

- 2012-on Assistant Clinical Professor-University of California, San Francisco Gerontology Nursing
San Francisco Veterans Affairs Health Care System, Geriatrics, Extended & Palliative Care Service
and University of California – San Francisco, San Francisco, CA

- 2011-2013 Psychiatric & Mental Health Clinical Nurse Specialist & Mental Health Program Coordinator
San Francisco Veterans Affairs Health Care System, Geriatrics, Extended & Palliative Care Service
Community Living Center, San Francisco, CA

- 2008-2016 Assistant Clinical Professor of Psychology (Psychotherapy Supervisor/Lecturer)
University of California - Berkeley, Berkeley, CA

- 1999-on Psychotherapist in Private Practice specializing in Cognitive-Behavior Psychotherapy
for Anxiety and Mood Disorders. Orinda, CA

- 1997-2006 Assistant Clinical Professor of Psychiatry (Psychotherapy Supervisor/Lecturer)
University of California - San Francisco, San Francisco, CA

- 1997-2001: Clinical Trials Research Coordinator & Cognitive-Behavior Group Therapy Program Coordinator
Individual & Group Cognitive-Behavior Psychotherapist/Supervisor
University of California-San Francisco, Dept. of Psychiatry (Langley Porter)

- 1994-1997 Clinical Instructor, Columbia University Graduate School of Nursing, NY, NY

- 1989-1997 Clinical Trials Research Coordinator & Cognitive-Behavioral Psychotherapist:

Anxiety & Mood Disorders Program, NY Hospital-Cornell Medical Center, White Plains, NY

- 1989-1997 Psychotherapist in Private Practice, White Plains, NY
- 1989-1992 Consultant to Columbia University Family Study of Anxiety Disorders, SADS/SCID Trainer, Anxiety Disorders Clinic, NY State Psychiatric Institute/Columbia University Psychiatry Dept., NY, NY
- 1990 Consultant to National State Boards for Nurses-Study on Impaired Nurses, Bethesda, MD
- 1989 Consultant to ADAMHA Study of Panic Disorder in Families of Alcoholics, NIH, Bethesda, MD
- 1984-1989 Research Coordinator of Genetic Linkage, Phenomenology & Family Studies; SADS/SCID Trainer, Anxiety Disorders Clinic, NY State Psychiatric Institute/Columbia University Psychiatry Dept. NY, NY
- 1983-1984 Nurse Manager – Borderline Personality & Eating Disorders Unit, Four Winds Hospital, Katonah, NY
- 1981-1983 Charge Nurse – Neuropsychiatric Evaluation Unit, Yale-New Haven Hospital, New Haven, CT
- 1979-1981 Charge Nurse – Young Adult Psychiatry Unit, Yale-New Haven Hospital, New Haven, CT

ADDITIONAL PROFESSIONAL EXPERIENCE:

- 2018-on Preceptor: San Francisco Veterans Affairs Health Care System Psychiatric Nurse Practitioner Residency Program
San Francisco Veterans Affairs Health Care System
Community Living Center, San Francisco, CA
- 2018-on Coordinator: Dementia Capable Care Education Program, San Francisco Veterans Affairs Health Care System
- 2018-on Co-Coordinator/Instructor: Preventing Loss of Independence through Exercise-Community Living Center Program
San Francisco Veterans Affairs Health Care System, Geriatrics, Extended & Palliative Care and Research Services
Community Living Center, San Francisco, CA

EDUCATION:

- MS, Adult Psychiatric Nursing (includes psychotherapy internships); Columbia University, NY, NY (1988)
- BS, Nursing; State University of New York-Health Sciences Center, Brooklyn, NY (1979)

PROFESSIONAL ORGANIZATIONS:

- Founder & Board President – Northern California CBT Network: 2005-present
- Member – Columbia University Alumni Association – 1989-present
- Member -- Association of Behavioral & Cognitive Therapists: 1987-present
- Member – Anxiety & Depression Association of America: 1990-present

GRANTS:

- 2021 VAHCS RFA Reduce Social Isolation, Improve Physical Function and Enhance Safe Veteran Interaction in SFVACLC
- 2017 SFVAMC Patient Centered Care Mini-Grant: Bright Light Therapy for CLC Residents with Sleep Disturbance
- 2017 SFVAMC Patient Centered Care Mini-Grant: Soothing the Senses for CLC Veterans with Psychiatric &/or Neurocognitive Disorders
- 2017 SFVAMC Patient Centered Care Mini-Grant: Gardening Adds Meaningful Engagement for CLC Veterans w Psychiatric &/or Neurocogn Dis
- 2016 SFVAMC Patient Centered Care Mini-Grant Award: Multi-Sensory Environments are Part of a Dementia-Friendly Environment
- 2016 SFVAMC Patient Centered Care Mini-Grant Award: Soothing Music & Cued Relaxation are Part of a Dementia-Friendly Environment
- 2016 SFVAMC Patient Centered Care Mini-Grant Award: Hallway Cueing for Wayfinding is Part of a Dementia-Friendly Environment
- 2016 SFVAMC Patient Centered Care Mini-Grant Award: Room Cueing as Part of a Dementia-Friendly Environment

PUBLICATIONS:

Akram A, Nicosia F, Lee J, Lee M, Martin L, Martinez S, Ordonez, C Woo M, Barnes D. Implementation of an Integrative Movement Program for Residents with Dementia in a VA Nursing Home. BMC Geriatrics 2021:21:607.

Deltito J, Martin L, Riefkohl J, Austria B, Kissilenko A, Corless P, Morse C. Do Patients with Borderline Personality Disorder Belong to the Bipolar Spectrum? Journal of Affective Disorders 2001:67:221-228.

Fyer AJ, Manuzza S, Chapman TF, Lipsitz J, Martin LY, Klein DF. Panic Disorder and Social Phobia: Effects of Comorbidity on Familial Transmission. Anxiety 1996:2:173-178.

Widiger TA, Frances AJ, Pincus HA, Ross D, First MB, Davis WW (Eds.) DSMIV Sourcebook, Volume 2. Martin LY, Contributor to Chapter 17 (Social Phobia). Washington, DC, American Psychiatric Association, 1996.

Fyer AJ, Manuzza S, Chapman TG, Martin LY, Klein DF. Specificity in Familial Aggregation of Phobic Disorders. Archives of General Psychiatry 1995:52:564-573.

Lipsitz JD, Martin LY, Manuzza S, Chapman TF, Liebowitz MR, Klein DF, Fyer AJ. Childhood Separation Anxiety Disorder In Patients with Adult Anxiety Disorders. American Journal of Psychiatry 1994:151:6:927-929.

Martin LY, Harris B, Coughlin V, Smith NL. The Evolution of a Program to Help Smokers Cope with the "No Smoking" Policy of a Psychiatric Hospital: A Preliminary Report. Program Proceedings form the 36th International Congress on Alcohol & Drug Dependence, 16-21 August 1992. ICAA/CIPT and SCA, Lausanne, Switzerland and Glasgow, Scotland.

Manuzza S, Fyer AJ, Endicott J, Gallops MS, Martin LY, Reich T, Klein DF. An Extension of the Acquaintanceship Procedure in Family Studies of Mental Disorders. Journal of Psychiatric Research. 1992:26(1):45-57.

Deltito JA, Moline M, Pollak C, Martin LY, Maremmani I. Effects of Phototherapy on Non-Seasonal Unipolar and Bipolar Depressive Spectrum Disorders. Journal of Affective Disorders. 1991:23(12):231-237.

Deltito JA, Poeshla BD, Stam M, Martin LY. Monoamine Oxidase Inhibitors or Fluoxetine in the Treatment of Avoidant Personality Disorder. In Cassano GB and Akiskal HS (Eds.) Serotonin Related Psychiatric Syndromes, Clinical and Therapeutic Links, Royal Society of Medicine Services, International Congress and Symposium Series, No. 165, RSMS Ltd., 1991.

Schneier FS, Martin LY, Ross D, Manuzza S, Liebowitz MR, Gorman JM, Klein DF. A Comparison of Phobic Subtypes Within Panic Disorder. Journal of Anxiety Disorders 1991:5:65-75.

Welkowitz LA, Papp LA, Cloitre M, Liebowitz, Martin, LY, Gorman JM. Cognitive-Behavior Therapy for Panic Disorder Delivered by Pharmacologically Oriented Clinicians. Journal of Nervous and Mental Disorders 1991:179(8):473-477.

Fyer AJ, Mannuzza S, Gallops MS, Martin LY, Aaronson C, Gorman JM, Liebowitz MR, Klein DF. Familial Transmission of Simple Phobias and Fears. Archives of General Psychiatry 1990:47:252-256.

Schleyer B, Mannuzza S, Aaronson C, Martin LY, Fyer AJ: Schedule for Affective Disorders and Schizophrenia, Lifetime Version, Modified for the Study of Anxiety Disorders(SADS-LA)-Revised Version, November, 1990.

Schneier FS, Martin LY, Liebowitz MR, Gorman JM, Fyer AJ: Alcohol Abuse in Social Phobia. Journal of Anxiety Disorders 1989:3:15-23.

Spitzer RL, Gibbon M, Sokol AE, Williams JBW, First MB (Eds.) DSMIII-R Casebook; Martin LY: Panic Disorder Case Contributor, Pg. 154-5; Washington, DC, American Psychiatric Press, Inc. 1989.

Fyer AJ, Mannuzza S, Martin LY, Gallops MS, Endicott J, Schleyer B, Gorman JM, Liebowitz MR, Klein DF:

Reliability of Anxiety Assessment II. Symptom Agreement. Archives of General Psychiatry 1989;46:1102-1110.

Mannuzza S, Fyer AJ, Martin LY, Gallops MS, Endicott J, Gorman JM, Liebowitz MR, Klein DF:
Reliability of Anxiety Assessment I. Diagnostic Agreement. Archives of General Psychiatry 1989;46:1093-1101.

PRESENTATIONS:

Martin L, Chatprapachai A, Campbell R, Lee M (Jan 2020-Dec 2021). Dementia Capable Care (4CEs) and Managing Distressed Behavior (2CEs): San Francisco VA Interprofessional Staff Education Program. (12 presentations). San Francisco, CA.

Martin L (June 3, 2020). "Dementia" - Major and Minor Neurocognitive Disorders – A Brief Overview for APNs (1CE): San Francisco VA Advance Practice Nurses Grand Rounds, San Francisco, CA

Martin L, Lee M, Lee J, Barnes D (July 23, 2020). Preventing Loss of Independence through Exercise (PLIÉ): A Multi-domain group movement program for CLC residents with complex care needs. National Veterans Affairs Webinar for the Care for Patients with Complex Problems (CP)² Program.

Martin L, Lee M, Akram A, Lee J, Nicosia F, Barnes D: Preventing Loss of Independence through Exercise (PLIÉ): An innovative program to improve function and quality of life in veterans in long term care. Poster presentation. American Medical Directors Association Conference April 2-5, 2020; Chicago, IL and virtual.

Martin L, French A, Chan C, Collins L (Feb-Mar 2014). The Social Focus Cohort: A Novel Trans-disciplinary Approach to the Care of Patients with Co-Morbid Psychiatric and Medical Illness. American Medical Directors Association/Society of Post-Acute and Long-Term Care Medicine Conference, Nashville, TN.

Martin L, Sutherland ES, French A, Collins L, Chan C (April 2013). *Caring for Older Adults with Psychiatric and Medical Co-Morbidities: A Novel Multi-Disciplinary, Trans-Diagnostic Program in a Skilled Nursing Facility*. Anxiety and Depression Assoc. of America 2013 Conference. La Jolla, CA.

Ferster D, Nazarian, E, Stapenhorst K, Groff E, Martin L, & Sutherland ES (March 2013). *An interdisciplinary approach: Managing hoarding within a skilled nursing facility*. 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.

Sutherland, ES, Martin, L, Collins, L, & Yukawa, M (March 2013). *Policy for a team approach to decrease behavioral challenges in a skilled nursing facility: Best practice at the San Francisco VA Medical Center*. 2013 American Medical Directors Association's (AMDA) Conference in Gaylord National – Washington, DC.

Mackay S, Martin L (Nov. 2012) *Medication & Non-Medication Management of Bipolar Spectrum Disorders*. UC Berkeley Extension. Berkeley, CA

Mackay S, Martin L (Oct. 2011) *Medication & Non-Medication Management of Bipolar Spectrum Disorders*. UC Berkeley Extension. Berkeley, CA

Satterfield J, Spring B, Lehr B, Martin L (Nov 2010) *Trans-disciplinary Training for Evidence Based Practices*. Association of Behavioral and Cognitive Therapies. San Francisco, CA.

Mackay S, Martin L (Oct. 2010) *Medication & Non-Medication Management of Bipolar Spectrum Disorders*. UC Berkeley Extension. Berkeley, CA

Martin, L (Oct 2010) *Psychiatric Evaluation*. UC Berkeley, Doctoral Psychology Program. Berkeley, CA

1987-present: Over 100 lectures for Colleague Enrichment and for Patient & Family Education, on:
Dementia Capable Care Training for all Interdisciplinary Staff
Using Behavioral Interventions to Manage Disruptive Behavior in a Skilled Nursing Facility
Using Psychotropic Medication PRNs in a Skilled Nursing Facility
Nursing Management of Neuro-Cognitive Disorders &/or Psychiatric Illness in a Skilled Nursing Fac.
Diagnosis and Evidence Based Treatment of Panic/ Phobias/ Social Anxiety/OCD/ GAD
Diagnosis and Evidence Based Treatment of Depression
Diagnosis and Cognitive Evidence Based Treatment of Bipolar Illness
Stress Management
Cognitive-Behavioral Psychotherapy
Structured Diagnostic Interviewing (SADS/SCID Training)

AWARDS:

Mar 2021 UCSF School of Nursing Preceptor Award
2020 Federal Employee of the Year Finalist
2017 SFVAMC Mental Health Service Nurse of the Quarter.
2016 SFVAMC Geriatrics, Palliative and Extended Care Service Clinician of the Year.
2013 SFVAMC Cheryl Andersen-Sorensen Award for Delivery of Quality Care, and for Exemplary Service.

REFERENCES:

Michi Yukawa, MD, MPH – Medical Director, The Jewish Home, San Francisco; UC San Francisco School of Medicine, Professor of Geriatric Medicine, 415-334-2500; and Professor of Medicine, UCSF School of Medicine.
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Nancy Neble, RN, MS, PMH-CNS – Nurse Manager, Psychiatric and Mental Health Nursing Service, San Francisco VA Health Care System, 415-221-4810 x 26301 Nancy.Neble@va.gov